



## MARINATED CHICK PEA SALAD

**½ CUP SERVING**

<b>Nutrition Facts</b>			
Serving Size 75.00 gram(s) (75g)			
Amount Per Serving			
Calories	135	Calories from Fat	54
% Daily Value			
Total Fat	6.0g		9 %
Saturated Fat	0.5g		2 %
Trans Fat	0.0g		
Cholesterol	0.0mg		0 %
Sodium	153.2mg		6 %
Total Carbohydrate	16.2g		5 %
Dietary Fiber	4.5g		18 %
Sugars	2.9g		
Protein	5.0g		
Vitamin A	3 %	Calcium	3 %
Vitamin C	13 %	Iron	10 %

**¼ CUP SERVING**

<b>Nutrition Facts</b>			
Serving Size 37.50 gram(s) (38g)			
Amount Per Serving			
Calories	67	Calories from Fat	27
% Daily Value			
Total Fat	3.0g		5 %
Saturated Fat	0.2g		1 %
Trans Fat	0.0g		
Cholesterol	0.0mg		0 %
Sodium	76.6mg		3 %
Total Carbohydrate	8.1g		3 %
Dietary Fiber	2.2g		9 %
Sugars	1.4g		
Protein	2.5g		
Vitamin A	2 %	Calcium	2 %
Vitamin C	7 %	Iron	5 %

### INGREDIENT STATEMENT:

**Chick Peas, Green & Red Peppers, Canola&/or Soybean Oil, Water, Onions, Basil, Lemon Juice Concentrate, Salt, Spices.**