



HEALTHY COLE SLAW SALAD

½ CUP SERVING

Nutrition Facts			
Serving Size 60.00 gram(s) (60g)			
Amount Per Serving			
Calories	48	Calories from Fat	28
% Daily Value			
Total Fat	3.1g		5 %
Saturated Fat	0.2g		1 %
Trans Fat	0.0g		
Cholesterol	0.0mg		0 %
Sodium	136.9mg		6 %
Total Carbohydrate	4.9g		2 %
Dietary Fiber	1.3g		5 %
Sugars	3.5g		
Protein	0.7g		
Vitamin A	1 %	Calcium	2 %
Vitamin C	29 %	Iron	2 %

¼ CUP SERVING

Nutrition Facts			
Serving Size 30.00 gram(s) (30g)			
Amount Per Serving			
Calories	24	Calories from Fat	14
% Daily Value			
Total Fat	1.6g		2 %
Saturated Fat	0.1g		1 %
Trans Fat	0.0g		
Cholesterol	0.0mg		0 %
Sodium	68.5mg		3 %
Total Carbohydrate	2.5g		1 %
Dietary Fiber	0.6g		3 %
Sugars	1.8g		
Protein	0.3g		
Vitamin A	1 %	Calcium	1 %
Vitamin C	15 %	Iron	1 %

INGREDIENT STATEMENT:

Cabbage, Canola &/or Soybean Oil, Water, Honey, Vinegar, Onion, Cilantro, Salt, Black Pepper.