



# FOUR BERRY BLEND FROZEN CUT FRUIT

1/4 CUP SERVING

<b>Nutrition Facts</b>	
Serving Size 1/4 Cup (57g)	
Serving Per Container 40	
Amount Per Serving	
<b>Calories</b> 25	Calories from Fat 0
%Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 2g	<b>7%</b>
Sugars 4g	
<b>Protein</b> < 1g	
Vitamin A 0%	Vitamin C 8%
Calcium 0%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	300g 375g
Dietary Fiber	25g 30g

## INGREDIENT STATEMENT:

Strawberries, Blackberries, Blueberries, Red Raspberries