



THREE BEAN SALAD

½ CUP SERVING

Nutrition Facts	
Serving Size 75.00 gram(s) (75g)	
Amount Per Serving	
Calories 82	Calories from Fat 23
% Daily Value	
Total Fat 2.6g	4 %
Saturated Fat 0.2g	1 %
Trans Fat 0.0g	
Cholesterol 0.0mg	0 %
Sodium 150.7mg	6 %
Total Carbohydrate 11.8g	4 %
Dietary Fiber 3.5g	14 %
Sugars 1.8g	
Protein 3.8g	
Vitamin A 4 %	Calcium 2 %
Vitamin C 6 %	Iron 6 %

¼ CUP SERVING

Nutrition Facts	
Serving Size 37.50 gram(s) (38g)	
Amount Per Serving	
Calories 41	Calories from Fat 11
% Daily Value	
Total Fat 1.3g	2 %
Saturated Fat 0.1g	0 %
Trans Fat 0.0g	
Cholesterol 0.0mg	0 %
Sodium 75.3mg	3 %
Total Carbohydrate 5.9g	2 %
Dietary Fiber 1.7g	7 %
Sugars 0.9g	
Protein 1.9g	
Vitamin A 2 %	Calcium 1 %
Vitamin C 3 %	Iron 3 %

INGREDIENT STATEMENT:

Chick Peas, Kidney Beans, Green Beans, Tomatoes, Onions, Canola &/or Soybean Oil Blend, Vinegar, Parsley, Water, Salt, Spices.