



CORN CONFETTI SALAD

½ CUP SERVING

Nutrition Facts			
Serving Size 75.00 gram(s) (75g)			
Amount Per Serving			
Calories	83	Calories from Fat	30
% Daily Value			
Total Fat	3.3g		5 %
Saturated Fat	0.3g		1 %
Trans Fat	0.0g		
Cholesterol	0.0mg		0 %
Sodium	210.6mg		9 %
Total Carbohydrate	14.0g		5 %
Dietary Fiber	1.8g		7 %
Sugars	2.6g		
Protein	2.0g		
Vitamin A	4 %	Calcium	1 %
Vitamin C	23 %	Iron	3 %

¼ CUP SERVING

Nutrition Facts			
Serving Size 37.50 gram(s) (38g)			
Amount Per Serving			
Calories	42	Calories from Fat	15
% Daily Value			
Total Fat	1.6g		3 %
Saturated Fat	0.1g		1 %
Trans Fat	0.0g		
Cholesterol	0.0mg		0 %
Sodium	105.3mg		4 %
Total Carbohydrate	7.0g		2 %
Dietary Fiber	0.9g		4 %
Sugars	1.3g		
Protein	1.0g		
Vitamin A	2 %	Calcium	0 %
Vitamin C	12 %	Iron	2 %

INGREDIENT STATEMENT:

Corn, Green Peppers, Pimentos, Onion, Canola &/or Soybean Oil, Green Onion, Water, Salt, Lime Juice Concentrate, Spices.