



Fresh Ideas with Frozen Fruit

- Healthy, fun, and fresh
- Nutrient-rich and flavor-packed
- Convenient and economical
- Available year-round
- Reduces prep costs and spoilage



Fun Feature

Quick & Healthy Parfaits

Parfaits. Beautiful and healthy ... yet delicious and easy to make. Simply layer yogurt with any of our thawed fresh frozen fruits or blends. Then, top with a bit of granola or crumbled graham crackers to create a tasty parfait.



Made with Wawona Blueberries



Made with Wawona 4-Berry Blend: strawberries, red raspberries, blueberries and blackberries



Made with Wawona Spectrum Blend: yellow peaches, white peaches, strawberries, pineapple, honeydew and blueberries



Smoooooothies!

Nothing seems to combine “refreshing” and “nutritious” quite like a fabulous fruit smoothie. And nothing makes smoothies easier to prepare than fresh frozen fruit. Wawona has a variety of individual fruits and blends that make delicious smoothies. It’s easy to offer your customers a choice.

Creamy Fruit Smoothies

Blend ingredients until smoothie is smooth and creamy.

Makes 32 10-ounce servings.

- 1 bag (5 lb) of Wawona Frozen Fruit, any kind, partially thawed
- 10 cups total of yogurt and/or milk
- 10 cups of ice

Pour in a smoothie glass and garnish with mint or fruit.



Made with Wawona
4 Berry Blend

Made with Wawona
Peaches

Or...

Just thaw and serve!

You don't have to “make” anything with Wawona fresh frozen fruits and blends. Simply thawed from the container, they are ready to serve in a variety of ways:

- breakfast bar
- salad bar
- single-serve fruit cups
- dessert toppings
- healthy side dishes



For more information, contact Wawona Frozen Foods, today.

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